

Moving In Pack





## **Erskine Homes**

Erskine is Scotland's leading veterans' charity. Our purpose is to provide our residents with the best possible care and to support them to achieve maximum quality of life. We strive to care for as many members of the wider ex-Service community as we can and will continue our work for as long as there is a need.

Excellence is our watchword. Each of our homes is different but all enjoy the highest standards of care, with modern, purpose built accommodation and, just as importantly, motivated and well trained staff.

We have four homes, two near the Erskine Bridge in Renfrewshire, one in the heart of Glasgow and one in Edinburgh.

Our strength lies in the commitment staff show to ensuring that the care and support we offer to our residents and their families meets their very individual needs.

- > The Erskine Home
- > Erskine Park Home
- > Erskine Glasgow Home
- > Erskine Edinburgh Home









### **Proud to Care**

Dignity, privacy and respect are central to the Erskine care philosophy and we believe that every person in our care should be treated as an individual.

We encourage all our residents to maintain contacts with their previous community wherever possible. Past links have important memories and are worth holding on to.

#### No place like home

Coming to live at Erskine should be a positive experience. We offer excellent care and support within a comfortable homely environment, ensuring that our residents enjoy the optimum quality of life.

All our homes are purpose built with modern facilities and bright, airy rooms which are well proportioned and tastefully decorated. All rooms have pleasant views of the landscaped gardens. Each individual bedroom has en-suite shower and toilet facilities as well as a call alarm system, television point and telephone socket. Personal telephone lines or internet connections can be provided at a small additional cost. Residents can have a key to their room and are encouraged to bring in personal belongings and mementoes to help them feel at home.







#### Who is eligible

The following people are eligible to apply for care in an Erskine home if they have been assessed by a Social Worker as being in need of nursing care:

- Personnel who have served either as a Regular or on National Service in the Royal Navy, Royal Marines, Army or Royal Air Force, and therefore eligible to apply for an Armed Forces Veterans badge. This includes volunteers and regular reserves
- Ex members of the Merchant Marine who were deployed on active service
- Members of the Royal Fleet Auxiliary
- Members of the Home Guard
- The current spouse of those listed above
- The widow/widower of any of the above, unless the spouse has remarried

Unfortunately, there can be no exceptions to our eligibility requirements.

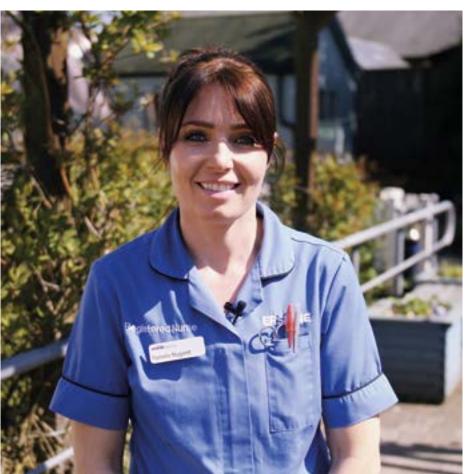
#### **Applying for admissions**

Anyone applying for admission to an Erskine home should first contact the Moving In Team, who will provide advice on the appropriate procedure.

As a charity, we recognise that cost can be a concern for those considering care. Local council social work departments will provide helpful information and advice on financial entitlement and possible assistance towards the cost of care.

Application forms and information regarding current costs of nursing, dementia, residential or respite care in Erskine homes are available from our Moving In Team.

We actively encourage families and future residents to visit us to see round our Homes. It is often a comfort for future residents and their loved ones to see the Home, to walk round the environment, to see one of our bedrooms and to see the range of activities and options that are available.







## **Providing a Haven**

Our staff are central to our care philosophy and the quality of their work can be measured by the many kind words of gratitude we have received over the years. Each member of our care team is dedicated to maintaining exceptional standards of clinical care; they never forget that each of our residents is unique – and that every one is a person to be valued.

#### **Nursing care**

At Erskine, we offer 24 hour nursing care to those veterans who, through disability, frailty or for their own personal welfare and wellbeing, choose to live in a caring environment.

Our homes support our residents to enjoy a great quality of life, and to experience a sense of independence, purpose and fun within a safe and secure care setting.

At Erskine our residents are respected as individuals and not defined by any condition. Our specially trained staff focus on each person's strengths and abilities, and support them and their families to maintain a quality of life that is valued by them.

#### **Dementia** care

Erskine Park is our 40 bed purpose built care home in the grounds of the Erskine Estate. Haig House and Ramsay House are two 30 bed Houses within the Erskine Home, providing care for the specific needs of people living with dementia, supporting them to maximise their abilities and maintain an optimum level of independence.

Within our Erskine Edinburgh Home there are 22 beds dedicated to the care of people living with dementia. Our Erskine Glasgow Home has 15 bed dedicated to dementia care.



#### Respite and short break care

Respite and short break care is available for convalescence and to provide a break for carers.

Accommodation for respite guests in Erskine homes includes 24 hour nursing and dementia care.

We are committed to working with families/relatives to ensure the care experience is the best it can be in as homely setting as possible.

At Erskine our residents are respected as individuals who bring their own unique abilities with them.

Erskine also offers residential care in all our Homes for people not requiring nursing or dementia care.

#### **Namaste**

All our Homes have Namaste Rooms. Namaste is a sensory stimulating intervention used with people in the latter stages of their dementia journey. The term derives from a Hindu term related to 'honouring the spirit within', in simple terms this can mean just 'being present' with the resident, using touch, sight, sound and smells to create a place of tranquillity.

The Namaste Rooms are also ideal places for residents to sit, relax and have quiet time, when the room would otherwise be empty.

#### **Training**

Our staff all receive training to enable them to provide quality care to our residents.

At our Bishopton campus we have a specialist Domus training area, which supports our programmed approach to dementia training. All staff, from across our four Homes, will receive training using the national (dementia)

Promoting Excellence Framework - this includes a four day 'expert' level training for senior staff.

Staff as part of their training programme, or as part of stand alone training, have the opportunity for frailty awareness training using agesimulation suits.

All staff receive specialist training in caring for people living with dementia based on a human rights approach focusing on our residents strengths and abilities.







### The Best Care

Our teams of care staff include:

- > Registered Nurses
- > Senior Care Assistants
- > Care Assistants
- > Dementia Nurse Consultant
- > Physiotherapy Team
- > Speech and Language Team
- > Podiatrist
- > Activities Team
- > Practice Development Nurse
- > Quality Improvement Assistants
- > Advanced Nurse Practitioner

Our residents have ready access to our local GP and dental teams.

An integral part of the care package offered to our residents is a comprehensive programme of recreational activities tailored to the preferences and choices of our residents.

### An active community lifestyle

Residents are free to choose how they spend their day and there is a wide choice of interesting things to do.

At Erskine, we are lucky to have a bank of volunteers who help our staff to provide recreational and social activities to suit all tastes, from films and concerts to quizzes, competitions and board games.

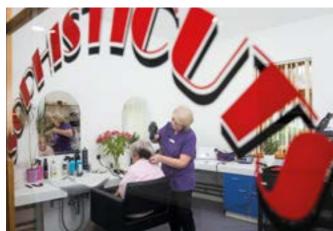
At each of our Homes we have our own hairdressers who look after the residents, this is not an additional cost service to residents.

Each of our Homes have a podiatrist providing high quality foot care. At the Bishopton site the podiatrist also offers services to staff and members of the public at a small charge.

Our chaplaincy service looks after the pastoral needs of our residents. A busy social calendar tries to cater for all tastes and includes concerts and visits from groups such as the Royal British Legion, Rotary Clubs, schools and pipe bands. Visits to local shops, pubs and clubs and outings to places of interest and sporting occasions help maintain strong links with the wider community.

Our status as Scotland's leading ex-Service charity also offers our residents opportunities to enjoy out of the ordinary experiences, from attendance at Military Tattoos to VIP visits, helping to make life extra special for our residents.







#### **Enjoying the outdoors**

At Erskine we have gone to great lengths to ensure our gardens and grounds are maintained to a high standard. Well kept, open spaces offer the opportunity to sit and enjoy the view. Each of our homes benefits from fully landscaped grounds and in our Bishopton homes, residents can enjoy the full splendour of the old Erskine Hospital estate and purpose built cycle path that undulates through the woodland area allowing residents to ride freely on specially adapted bikes. One of the few things we can't guarantee is the weather! With that in mind, we have designed all of our homes in a way that allows as much natural daylight in as possible, giving a bright, airy feel to our rooms. If the sun is shining and the temperature is a little low, our residents can sit by the large picture windows and enjoy the gardens and wildlife they attract.

#### **Appetising and wholesome meals**

Our highly trained chefs aim to provide the very best home cooking with a wide variety of ingredients and a good selection of meals. How do we come up with our menus? Our residents are consulted on what they like and dislike, as well as what they think should be on offer as a lunch time or evening meal. All our menus are evaluated to ensure that residents are offered a well balanced diet that meets their individual nutritional requirements. Tea, coffee and fruit juice are always available, along with a selection of snacks for those who feel like a tasty extra.

#### **Training**

Erskine strives for the highest possible standards and from laundry to cleaning our housekeeping services are undertaken with military precision to ensure exceptional levels of hygiene throughout our homes.



## **Erskine Home**

"Just over two years ago I was not in good health but with encouragement of all staff nurses, carers and employees I am now in almost a position of independence. I have only to indicate need of assistance and staff at hand are ready 24 hours to give me help." Erskine Home in Bishopton opened in 2000. The home offers long term and respite care and looks after 180 residents in six houses, three of which specialise in caring for residents living with dementia.

At Erskine Home, our usual range of services are complemented by the popular Royal Scots Shop, staffed by volunteers, Harry's Cafe and the neighbouring Caulders Garden Centre and Vanishing Willows Cafe.

Harry's Cafe is open to residents, relatives, staff and public, helping us to create a village feel within our home.

#### **Erskine Home**

Bishopton Renfrewshire PA7 5PU

Tel: 0141 812 1100 Fax: 0141 814 4569

Email: enquiries@erskine.org.uk Web: www.erskine.org.uk

#### **Directions:**

By car from central Glasgow, follow the M8 west and exit at junction 30, signposted M898 Erskine Bridge. Just before the Bridge, turn left to Bishopton. Go straight on at the next roundabout following signs for Erskine Home.

**By car from the North**, cross Erskine Bridge and take the first exit, signposted Bishopton. At the first roundabout turn left; at the next roundabout turn right and follow signs for Erskine Home.

**By bus**; Erskine Home is on a regular bus route - call Traveline on 0871 200 2233 or visit www.travelinescotland.com for the most up to date timetables.

**By train;** our nearest train station is Bishopton, followed by a short bus or taxi ride. Please contact National Rail Enquiries on 0845 748 4950 or visit www.nationalrail.co.uk for details.









### **Erskine Park Home**

Set in the same picturesque grounds as The Erskine Home, Erskine Park Home specialises in the provision of first class dementia care. Purpose built for this specialism in 2006, the home looks after 40 residents with a specialist care programme geared to helping those living with dementia enjoy life to the full.

Residents at Erskine Park are encouraged and supported to make use of the popular Royal Scots Shop and Harry's Cafe and the neighbouring Caulders Garden Centre and Vanishing Willows Cafe.

Erskine Park Home is a non smoking home.

#### **Erskine Park Home**

Bishopton Renfrewshire PA7 5PU

Tel: 0141 814 4633 Fax: 0141 814 4699

Email: enquiries@erskine.org.uk Web: www.erskine.org.uk

#### **Directions:**

**By car from central Glasgow,** follow the M8 west and exit at junction 30, signposted M898 Erskine Bridge. Just before the Bridge, turn left to Bishopton. Go straight on at the next roundabout following signs for Erskine Park.

By car from the North, cross Erskine Bridge and take the first exit, signposted Bishopton. At the first roundabout turn left; at the next roundabout turn right and follow signs for Erskine Park.

**By bus**; Erskine Park is on a regular bus route - call Traveline on 0871 200 2233 or visit www.travelinescotland.com for the most up to date timetables.

**By train;** our nearest train station is Bishopton, followed by a short bus or taxi ride. Please contact National Rail Enquiries on 08457 484950 or visit www.nationalrail.co.uk for details. "The care is very good and they can quickly resolve any issues. Mum's been out on lots of trips like Silverburn shopping centre and Gourock. She seems to enjoy this a lot."







# **Erskine Glasgow Home**

"Throughout her time at Erskine my mother has been given the highest level of care and always with kindness and understanding."

Fittingly, Erskine Glasgow Home is built on the grounds of the old Flanders House, which cared for the soldiers of the Great War. Opened in 2007, Erskine Glasgow Home provides 24 hour care for 47 residents.

While the home enjoys the peace and quiet of beautifully landscaped gardens, residents also have the benefit of a bustling local town, with plenty of shops nearby and the full amenities of Glasgow's West End close at hand.

Erskine Glasgow is a non smoking home.

#### **Erskine Glasgow Home**

200 Dorchester Avenue Anniesland Glasgow G12 0BZ

Tel: 0141 338 6300 Fax: 0141 338 6301

Email: enquiries@erskine.org.uk Web: www.erskine.org.uk

#### **Directions:**

#### By car from Glasgow city centre,

followthe A82 west (signposted to Dumbarton). Approximately half a mile before Anniesland Cross, turn right at the traffic lights into Dorchester Avenue. Erskine Glasgow Home is second road on the left.

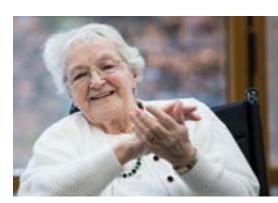
By car from the South side, of Glasgow, take the Clyde Tunnel north to Anniesland Cross on the A739. At Anniesland Cross, take the A82 sign posted to Glasgow City Centre. After the railway bridge, turn left at the traffic lights into Dorchester Avenue. Erskine Glasgow Home is second road on the left.

**By bus**; Erskine Glasgow Home is on a regular bus route - call Traveline on 0871 200 22 33 or visit www.travelinescotland.com for the most up to date timetables.

**By train;** the nearest train station is Anniesland. Please contact National Rail Enquiries on 08457 484950 or visit www.nationalrail.co.uk.









## **Erskine Edinburgh Home**

Erskine Edinburgh Home opened in 2002 and is situated in the heart of Gilmerton, on the south side of Edinburgh. The purpose built accommodation provides 24 hour nursing and dementia care, both long term and respite care, for 72 residents.

Erskine Edinburgh Home enjoys a close association with the serving Armed Forces, sharing its landscaped grounds with the Army's Personnel Recovery Centre.

#### **Erskine Edinburgh Home**

468 Gilmerton Road Edinburgh EH17 7SA

Tel: 0131 672 2558 Fax: 0131 666 9951

Email: enquiries@erskine.org.uk Web: www.erskine.org.uk

#### **Directions:**

**By car from Edinburgh city centre,** take Liberton Road until it meets Gilmerton Road on left. Continue on Gilmerton Road, past Morrison's supermarket on the right, and then take first right.

#### By car from Edinburgh City Bypass,

exit at Gilmerton junction and follow signs for Gilmerton. Continue through Gilmerton to traffic lights at crossroads. Straight ahead, then take first road on left or travelling from the East, take A7 north from Sherriffhall roundabout. Turn left at Ferniehill Drive. At first set of traffic lights turn right and then take the third road on the left.

**By bus**; from central Edinburgh, buses to the Edinburgh Erskine Home leave from the north side of Princes Street. Call Traveline on 0870 608 2608 or visit www.travelinescotland.com for information.

**By train;** nearest station is Edinburgh Waverley followed by a bus from the north side of Princes Street. For train info contact National Rail Enquiries on 08457 484950 or visit www.nationalrail.co.uk.

"The environment gives people a sense of being able to do things for themselves, gives a sense of contentment."













### **Homes**

**Erskine Home** 

Tel: 0141 812 1100 Fax: 0141 814 4569

**Erskine Glasgow Home** 

Tel: 0141 338 6300 Fax: 0141 338 6301

**Moving In Team** 

Tel: 0141 814 4538 Fax: 0141 814 4571

**Erskine Edinburgh Home** 

Tel: 0131 672 2558 Fax: 0131 666 9951

**Erskine Park Home** 

Tel: 0141 14 4633 Fax: 0141 814 4699

Email: enquiries@erskine.org.uk Website : www.erskine.org.uk

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